

Stephanie's Statements 2007-2011

Lots of us heard interesting statements that Stephanie made to us as she was struggling to get well. Here are some of them.

People:

Most important, people you love who love you, make all the difference.

When people are nice sometimes things do not get done.

How people communicate – People tell a version of the truth but the lie is still there. The lie multiplies with each person you tell the lie to, just like cancer.

Each one of us has to look in the “mirror”. Make sure you can see yourself in the mirror. It is you.

You can never tell what is going to happen to you so do the best you can.

The structure was being around people and now the individual is about themselves being.

What should you know about yourself?

I learned how to be specific and focused and it is who I am. It is about people and what people need to know.

People have stress at whatever place in their life.

I never have been jealous of younger people until now.

Death:

When you die, you go by yourself there is no one with you.

Issues:

It is a lot easier to deal with issues when you don't have to deal with them.

It is best to talk about important issues when it hasn't presented itself so you can think wisely about what you should do.

Bad advice is when it isn't our job or responsibility and we do something when we shouldn't.

Not tell everybody how to do it but shut up and do it.

Cancer:

How complex is our body? Do we create the complexity because we are looking at the pieces not the whole?

I get angry/cry when I'm trying to figure things out.

You have to know enough to know what is going on.

Cancer is treated not taken care of.

We ask the wrong questions.

We put our trust in medicine that we don't know about.

I don't want to be quiet anymore.

I am tired of treating the symptoms. I want to find a way to attack the problem.

We don't prepare for it until we are in it. And that is too late.

Can't go home until I do all this magical stuff at the hospital.

If we think that if we don't think about it then it won't happen to you.

They all have what none of us want. (reference to chemo and doctors)

The nurses know what they know but they don't know me.

Living:

Life is... Being connected.

I wasn't shopping for a Cadillac or Volkswagen. I'm shopping to live.

Education:

When you retire from teaching, it changes because you learn to like yourself instead of waiting for everyone to like you.

We want to be able to help kids find a ways to be interested in themselves.

Balance between aneurysm and leukemia. Love kids, love people and love you.

We don't look at the customer who is the kids or patients. Instead we drag each other down looking at what doesn't work.

You are the principal or a teacher and you don't allow the child to teach. Think how much we would know and how much we would understand.